

East Ayrshire Car Club

Albar Kames Trophy Rally supported by ISS (Aberdeen) Ltd Final Instructions

Thank you for entering this East Ayrshire Car Club event held at Kames Motorsport Complex.

1. Kames is situated just off the A70 in Muirkirk, East Ayrshire. It is 13 miles west of J12 on the M74 and 10 miles east of Cumnock. The full address is: **Kames Motorsport Complex, Furnace Rd, Muirkirk, East Ayrshire, KA18 3QQ.**
2. To ease congestion, please ensure your trailer is moved to the trailer park at the end of the upper paddock asap.
3. Authorisation:

Junior Rally MSA permit	106623
Adult Rally MSA permit	106624

4. Event programme:

Scrutineering Sunday 23rd September, 07:30 - 09:00	Kames Motorsport Complex In situ
Documentation and Signing On Sunday 23rd September, 07:30 - 09:00	Kames Motorsport Complex Signing on cabin
Drivers Briefing Sunday 23rd September, 09:10	Kames Motorsport Complex Outside signing on cabin
Noise Check Sunday 23rd September, 09:26	Kames Motorsport Complex Prior to MTCA
Event Start Sunday 23rd September, 09:31	Kames Motorsport Complex 1 st car at MTCA
Award Ceremony Sunday 23rd September, asap after results are final	Kames Motorsport Complex

5. Please ensure you have your competition licence, club card and all other necessary documentation ready for inspection at signing on and/or scrutineering. Process card and numbers must be collected from documentation & affixed to car before scrutineering.
6. As part of our complex noise management policy, http://www.eastayrshirecc.co.uk/documents/Kames_Motorsport_Complex_Noise_Management_Policy_v1_0.pdf, we require you to minimise noise from your vehicle before the competition starts. To manage this we request that engines are run for as little time as possible after you arrive and before 09:00. To minimise cars moving around, scrutineering will be done in situ in your service space and the **noise check will be completed before MTCA**. Should any vehicle fail sound test at MTCA they will be refused a start and excluded from the event. If a vehicle passes the MSA test, but the named official assesses that the noise is likely to cause a nuisance when the vehicle is running on the track, the vehicle will not be allowed to use the track.

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7. Confirmed officials / team running the event are as follows:

Clerk Of The Course	Gavin Murray	Chief Marshal	Chaz Marshman
Assistant C o C	Sam Henderson	Chief Scrutineer	Ian Higgins
MSA Steward	Peter Weall	Chief Medical Officer	Sandy Lochrie
Club Steward 1	Alex McCulloch	Rescue Unit	Merrick Rescue
Club Steward 2	Ian Gemmell	Recovery Unit	Lake 9
Secretary of the Mtg	Russell Fair	Event Safety Officer	Russell Fair
Entries Secretary	Michelle Park	Timekeeper	Stan Thorogood
Safeguarding Officer	Michelle Park	Results	Raymond Mann

8. Times will be available online through the day at www.scotresults.co.uk. Awards will be presented as soon as possible after the event has finished.
9. All servicing is to be done on the bottom paddock and grass areas behind. Please keep the top paddock clear. Only one service van and rally car in service area, all other vehicles to be parked in car park. Please note, unless your service crew arrives before 09.00, they will have to pay to access the circuit. Please bring and use a ground sheet and, as you may be servicing on hard grass area, jack boards are recommended.
10. Competitors are reminded to leave all facilities offered to them at the complex in the condition in which they found them. Please place all rubbish in bins provided or take it home. **WASTE OIL MUST NOT BE LEFT AT THE COMPLEX.**
11. Kames Motorsport Complex is beside a residential area. Please respect it as such and be considerate to our neighbours. Ensure all generators are switched off by 10pm.
12. Camping is permitted on the grass area above the lower paddock. Shower and toilet facilities are available for all competitors use. Please inform us if you are planning on staying overnight.
13. Amendments to SR:
3. Eligibility Delete SACC and replace with SAMSC
 5. Decals ISS (Aberdeen) Ltd decals to be positioned below rally numbers
 - Various References to "exclusion" should be replaced with "disqualification"
14. If you have any questions, please contact Russell Fair on russell@eastayrshirecc.co.uk or 07909 997039.

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Supplement to the Kames Motor Sport Complex Safety Manual Health and Safety Advice to Competitors

Storage and Use of petroleum Spirit

- All petroleum spirit must be stored in containers complying with the relevant British Standard, and away from any source of ignition.
- All empty containers must be removed from the complex after the event.
- Petrol is to be used as a fuel only, and not for any other purpose.
- All vehicle refuelling is to take place in the open air. A 'No Smoking' ban must be enforced by the person controlling the refuelling process.
- The Chief Marshal or his deputy must be informed of any fuel spillage, to ensure that it is dealt with promptly and in the proper manner.
- Attention is drawn to the Petroleum (Consolidation) Act 1928, and the Petroleum Spirit (Motor Vehicles) Regulations 1929.

Hazardous Substances

- Some vehicle parts, for example brake and clutch linings, may contain asbestos. Competitors and their support crew are encouraged to use non-asbestos substitutes wherever possible. Where asbestos is used, every effort should be made to ensure that asbestos dust does not get into the air.
- Some mineral oils, and other fluids such as brake fluid, may be a contributory cause of skin cancers. In view of this, prolonged contact should be avoided wherever possible. Where contact does occur, any contamination should be washed off immediately. The wearing of contaminated clothing should be avoided.
- Various other substances may cause disease or ill health even after very short exposures. Manufacturers and suppliers are obliged to provide information regarding any potential harmful effects of their products on request, and competitors are encouraged to obtain this information.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Control of substances Hazardous to Health (COSHH) Regulations 1994 must be complied with.

Electrical Safety

- The complex does not have mains electricity available to competitors or their teams.
- All electrical equipment used by competitors and/or their support crew must be maintained in a safe condition and suitable for outdoor use.
- Extension leads must be flexible and oil resistant. They must not be used in a manner that allows them to become entangled with other vehicles using the complex.
- Electrical equipment must not be used where petroleum spirit or other flammable material is present.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Electricity at Work Regulations 1989 must be complied with.

Fire Precautions

- Smoking is prohibited in the track assembly line, and any other area of the complex where flammable material is present.
- It is recommended that competitors carry a suitable fire extinguisher of a type in accordance with MSA regulations for their own use in the paddock. All competing vehicles must comply with MSA regulations regarding fire-extinguishing systems.
- All fires must be reported immediately to the Chief Marshal or his deputy.
- Competitors and their support crew must comply with all instructions from Officials should a general evacuation be required due to fire.

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Compressed Gas Equipment

- Air blasts from over-inflated tyres and compressed air equipment can cause serious injury. Tyres should not be inflated above the manufacturer's recommendations.
- All air lines must be in serviceable condition and inspected regularly.
- Any form of horseplay involving compressed air is prohibited, and offenders render themselves liable to exclusion from the event.
- Compressed gas cylinders should be stored in accordance with the relevant working practices.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Transportable Gas Containers Regulations 1989 must be complied with.

Jacks and Axle Stands

- Vehicles should only be raised on jacks that are in good condition and rated to lift the vehicle weight safely.
- Vehicles should be jacked only on level, undamaged areas of the paddock.
- Jacks should be used for lifting the vehicle only. Axle stands must be used to support the weight of a vehicle for longer periods, and where work is required underneath the vehicle.
- Vehicle engines must not be run while the vehicle is supported by either jacks or axle stands, and offenders render themselves liable to exclusion from the event.

General Working Practices

- All working areas should be kept clean and tidy. Waste should be removed regularly and placed in the bins provided.
- All spillage must be cleaned up immediately.
- Trailing hoses and wires should not be allowed to create a trip hazard.
- All safety notices must be complied with.
- Any person carrying out work must ensure that safe working practices are adopted at all times, and comply with any relevant statutory provision and/or published guidance.
- Children under the age of 16 are excluded from the complex, unless accompanied and under the direct control of a responsible adult.

Noise

- Exposure to excessive noise may result in either permanent or temporary hearing loss.
- All persons should avoid exposure to excessive noise where this is avoidable, and wear earplugs/ear defenders to the appropriate British Standard.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Noise at Work Regulations 1989 must be complied with.

Manual Handling of Loads

- Lifting, carrying and propelling loads by bodily force is a major cause of injuries. All competitors and their support crew are encouraged to receive appropriate training in safe manual handling procedures.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Manual Handling of Loads Regulations 1992 must be complied with.

Waste

- No waste other than domestic litter may be left at the venue, which must be placed in the litter bins provided.
- Attention is drawn to the requirements of the Environmental Protection Act 1990.



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Vehicle Safety

- Competitors are reminded that there will be two way traffic in the paddock and should drive with due care and attention.

First Aid

- Persons sustaining injury or feeling unwell should seek treatment from a first aider. Seek advice from a marshal.

Water

- A mains supply of drinking water is available in the main Club House. Competitors are advised that all other supplies within the complex are for service purposes only, and are not warranted to be safe for consumption.

Public Safety

- Competitors and their support crew are reminded that they share the complex with the public, and that the public may be in the proximity while a vehicle is undergoing service or repair.
- Competitors are reminded that a 10 mph speed applies to all areas of the complex other than the main circuit. Persistent offenders render themselves liable to exclusion from the event.

Reporting of Accidents and Incidents

- All accidents resulting in injury must be reported immediately to an Official, and recorded in the log maintained by East Ayrshire Car Club for such incidents.

MSA Regulations

- Competitors and Entrants are reminded of their obligations to comply with the requirements of the MSA General Regulations and Supplementary Regulations for the event. These notes should be read in conjunction with all other relevant regulations.

Domestic Animals

- Competitors are reminded that, as per MSA regulations, domestic animals are discouraged when the complex is in use. Where their presence is unavoidable, they must be secured either indoors or in a vehicle at all times when the circuit is being used for either practice or competition.

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Information for commentary team

We'd appreciate if you could give us some background info on yourself and car to use in the commentary. We will be having a commentary throughout the afternoon, plus updates on scores as they become available. The commentary attracts spectators,- they pay to see the " show" and it helps offset running costs , keeps entry fees down and lets us reinvest in Kames. I'll mention your sponsors too; helps keep them sweet for next year! Please give me as much info as you can and don't put "too much to mention "or assume I know all about you or your car. Ta Brian Telfer

Driver:	Hometown:
Occupation:	
Car:	Class:
History of car:	
Specification of car (mods etc):	
History of driver:	
Championships you've entered this year:	
Sponsors:	
Results in motorsport so far:	



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